

# QC0029SN - UPS Can Deliver Good Communication

It's not a lack of communication that's the problem in relationships. It's a lack of good communication. But I want to explain to you how you can use UPS to deliver good communication in your relationships.

Communication can be boiled down to the simple act of receiving a message and then delivering a message...much like UPS. So we're going to use the letters U-P-S to help you improve communication in your relationship.

## **DON'T FORGET...**

Subscribe to Quick Counsel Podcasts.

Subscribe to [bretlegg.com](http://bretlegg.com)

Subscribe to Bret's YouTube channel - <https://www.youtube.com/channel/UCHY0oYUJSUMDz4dnF09mJJQ>

Follow Bret on:

Instagram - <https://www.instagram.com/bretlegg/>

Twitter - @bretlegg

Facebook - <https://www.facebook.com/bretalegg>