

QC0035SN - 4 Things That Will Improve Sex in Marriage

If you're married, you know that sex can be a point of disagreement at best and a point of conflict at worst.

The sexual relationship in marriage is often fraught with disagreements, misunderstandings, wounded egos, and some fighting, because...

- **Sex is very personal.**
- **Gender Differences.**
- **Differing Social Messages.**

Married couples can improve sex through...

- **TALKING.**
- **TIMING.**
- **TRUST.**
- **TRYING.**

These 4 things (talking, timing, trust, and trying) are great ways to breathe some new life into sex and make sex better for you and your spouse. And, if your spouse doesn't seem interested in putting a lot of effort into these things, you put the effort into the things you can do. I guarantee it will still make a difference in your marriage.

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